



*Spa at*  
THE SAMAYA



## **PERFECT DAY IN PARADISE**

Rituals from around the globe, Asia and Bali ... from our island and from our heart. Escape the limits of time, immerse yourself, and rejoice.

### **BALINESE ETERNAL BLISS-- COUPLES PACKAGE**

**2 hours 30 mins Single 1,690 K | Couple 2,970 K**

- ~ Aromatic Sea Salt Delight Foot Wash
- ~ Deluxe Warm Oil Massage
- ~ Choice of Traditional Body Scrub
- ~ Milk Bath with Tea Ceremony
- ~ Frangipani and Jasmine Body Lotion
- ~ Traditional Facial

### **INDULGENT RETREAT**

**90 mins 1,050K**

- ~ Aromatic Sea Salt Delight Foot Wash
- ~ Abhyanga Body Massage
- ~ Choice of 30 Mins Foot Massage, Body Scrub or Body Polish
- ~ Get a Beautiful Spa Gift

### **AFTER SUN RETREAT**

**90 mins 1,100 K**

- ~ Aromatic Sea Salt Delight Foot Wash
- ~ Balinese Massage
- ~ Aloevera Cooling Gel
- ~ Frangipani & Jasmine Body Lotion

## **SAMAYA DELIGHT**

**2 hours 1.300 K**

- ~ Aromatic Sea Salt Delight Foot Wash
- ~ Exfoliation Coconut & Vanilla Body Scrub
- ~ Traditional Balinese Massage
- ~ Nourish Traditional Body Mask
- ~ Frangipani and Jasmine Body Lotion

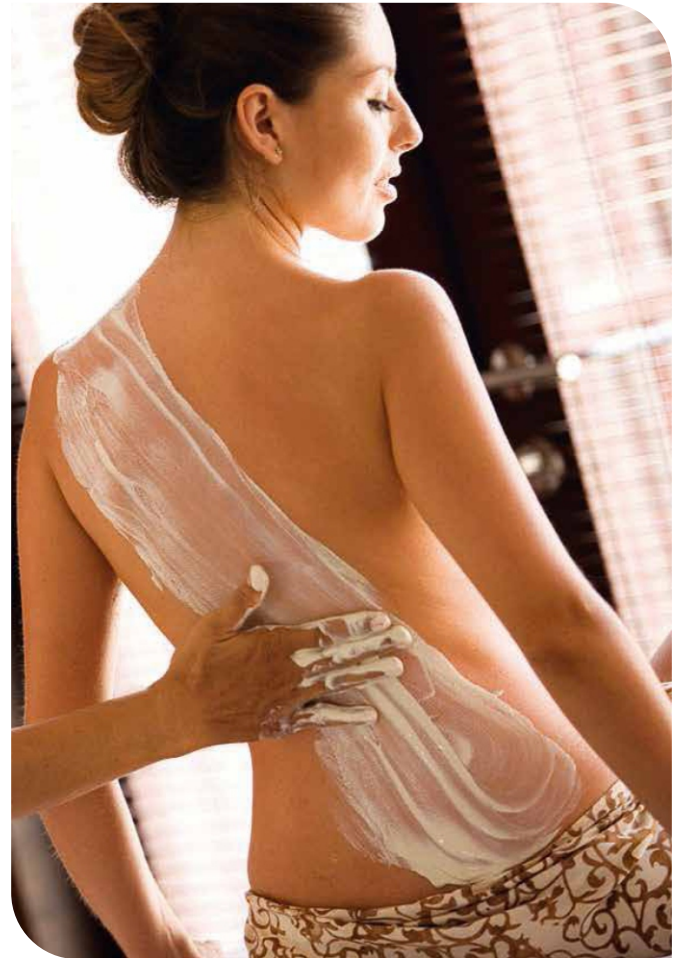
## **TWO'S COMPANY**

### **HONEYMOON TREAT**

**4 hours Single 2,690 K**

**| Couple 4,930 K**

- ~ Aromatic Sea Salt Delight Foot Wash
- ~ Traditional Balinese Massage
- ~ Choice of Traditional Balinese Body Scrub
- ~ Lavender Milk Bath with Tea Ceremony
- ~ Essence Pure Essential Facial
- ~ Choice of Tropical Spa Manicure or Pedicure





## **MELTING MOMENTS**

Delving deeper to melt away tension and pave the way for profound relaxation through Ayurvedic treatments an inspiration from India.

### **SHIRO DHARA**

**60 mins 880 K**

This Indian Ayurvedic oil flow treatment focuses on the third eye area to clear the mind and promote deep relaxation, acting as a gateway to total rejuvenation and relaxation for the entire body. Begin with deeply relaxing Ayurvedic stretching, followed by the Dhara oil flow therapy. For twenty minutes, a gentle stream of warm, aromatic oil is poured onto the third eye chakra of the forehead. An uplifting and inspiring way to relax and rejuvenate.

### **ABHYANGA**

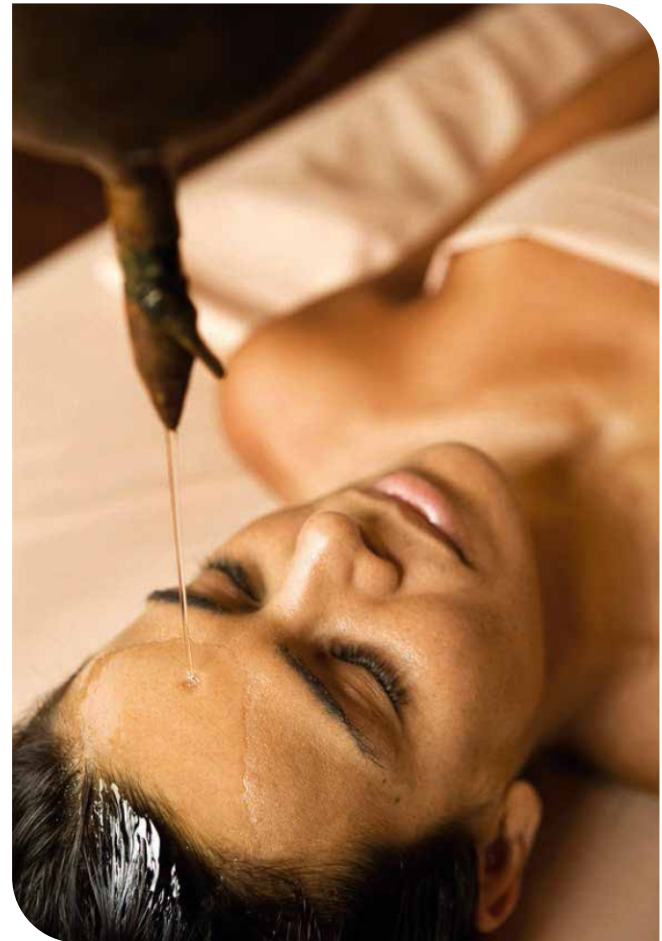
**60 mins 810 K**

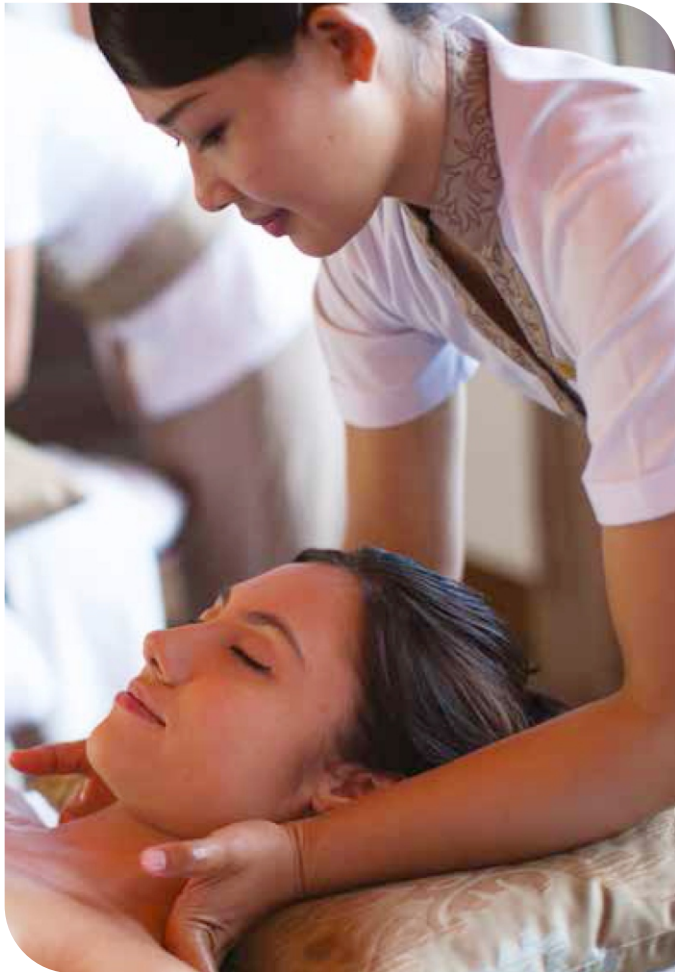
A rhythmic oil massage with warm herbal oils. Impurities and toxins are released from the body. Circulation is stimulated with a deep calming experience for the body, mind and spirit.

### **BEST OF AYURVEDA**

**90 mins 1,450 K**

An hour of rhythmic oil massage using warm herbal oils followed with 30 minutes of shirodhara oil flow for deep relaxation of body, mind and spirit.





## **RITUALS OF TOUCH**

Far more than a massage...  
more like a ceremony of indulgence

### **TRADITIONAL BALINESE MASSAGE**

**60 mins 850 K | 90 mins 1.200 K**

Used for centuries to renew, strengthen and heal the body, this traditional Balinese therapy combines stretching, long strokes, skin rolling, and palm and thumb pressure techniques commonly used in village massage. A flowing and graceful massage to relieve tension, improve blood flow and ease stress.

### **SAMAYA MASSAGE**

**60 mins 1.200 K | 90 mins 1.600 K**

Two therapists, one massage! This treatment is like no other! Four hands working together in perfect harmony using a unique blend of five different massage styles - Japanese Shiatsu, Thai, Hawaiian Lomi Lomi, Swedish and Balinese. A sublime experience!



## **AROMA HOT STONE THERAPY**

**60 mins 900 K** | **90 mins 1.300 K**

A treatment not to be missed! This therapeutic and relaxing treatment is designed to relieve muscle stiffness and soreness, and restore energy and balance. Smooth, warmed river rocks glide across your body in long, flowing strokes.

The heat helps to relax the muscles, and has a soothing and comforting effect on your emotions. Simultaneously, other rocks are placed on the body, the heat penetrating deep within the muscles to melt away tension and restore balance.

## **INDIAN HEAD MASSAGE**

**60 mins 695 K**

Many people store their stress along their shoulders and upper back! This restorative therapy focuses on your head, neck and shoulders to relieve this stress and tension! Incredible!



## **REFLEXOLOGY**

**60 mins 695 K**

An ancient healing therapy that is as blissful as it is beneficial. Reflexology works on the principle that all body organs are connected to reflex points in the feet's, via constantly flowing energy channels. Massage of the reflex points in the feet can restore the natural flow of body energy, and so improve the body's healthy function.

## **WARM OIL MASSAGE**

**60 mins 850 K | 90 mins 1.200 K**

A luxurious massage using the most exquisite imported essential oils ! This treatment is one of a kind and delivers all that it promises! Try it ! It is not to be missed, Built up stress are gently soothed away and muscle fatigue alleviated.

## **CHILD MASSAGE**

**30 mins 350 K | 60 mins 650 K**

Revitalizing massage for toddlers help to relive tiredness and tension for little active person.

# **THAI HOLISTIC RETREAT**

## **THAI HERBAL COMPRESS SENSATION**

**90 mins 1,300 K**

Warm combination of oil-free massage and traditional herbs compress to stimulate blood circulation, fatigue recovery, improve immune system, relaxing emotion and mind.

## **ROYAL THAI MASSAGE THERAPY**

**90 mins 1,300 K**

An unique form ancient massage of body therapy that incorporates Hatha Yoga and Acupressure to stretch the muscles and open the joints. This safe holistic treatment harmonizes the body, increases energy, relieves stress and promotes a peaceful mind.





### **SAMAYA PREGNANCY MASSAGE**

**60 mins 850 K | 90 mins 1.200 K**

Pregnancy is a time of change and upheaval that's why it's important to nurture yourself during this special period.

Specially designed to meet the needs of pregnant women, Samaya Pregnancy Massage is performed gently and improves quality of sleep while relieving stress, anxiety and physical discomfort which can arise during pregnancy.

### **TRADITIONAL FACIAL**

**60 mins 750 K**

Merging modern techniques with ancient Asian beauty rituals, our facials create a lasting impression and instant benefits. Our traditional facials both indulge the senses and feed the skin using nature's abundance of products combined with exquisite local facial products.



## PEVONIA BOTANICA

### PURE ESSENTIAL FACIAL

**75 min            1.250 K**

A true balancing facial spa experience using pure organic aromatherapy elixirs & botanical actives to purify, balance & renew the skin, leaving it more youthful, energized and regenerated. This complete facial treatment is personally customized for individual skin types.

#### **Sevactive**

for dry skin - rose, jasmine, ylang ylang and chamomile.

#### **Lavandou**

for sensitive skin - French rose, neroli, lavender, and chamomile.

#### **Fundamental**

for combination skin - sandalwood, mandarin, grapefruit, rosemary, lemongrass.

### MARINE COLLAGEN FACIAL

#### **Anti-aging**

**75 min            1.550 K**

Counteract any signs of early aging. Perfect to reduce fine lines and wrinkles, for excessive dryness and dehydration. Rich in marine Collagen and Caviar, nourishes your skin, prevents skin slackening, and lightening mask restores radiant glow. Leaving skin youthful plump and tone.



# BEAUTY SALON TREATMENT

## HAND & FOOT CARE

Take your hands and feet on a relaxing and nourishing retreat by the sea, and your heart and soul will lead you to cloud nine Joy for your nail- using :

### Creative Nails & OPI Products from USA

~ Tropical spa manicure	450 K
~ Tropical spa pedicure	550 K
~ Polish Change for Fingers or Toes	200 K
~ Childs Manicure or Pedicure	350 K
~ French polish Supplement	70 K
~ Remover Gel	200 K

### HAIR TREATMENT

~ Hair Creambath	550 K
~ Hair Spa	610 K
~ Shampoo and blow dry (short hair)	440 K
~ Shampoo and blow dry (long hair)	490 K

## THE GIFT OF PARADISE

The Gift of Paradise is the perfect gift for everyone, including you. A Samaya Spa gift voucher is the gift of choice, allowing the recipient to choose what is just right for them. There's no need to worry about wrong size, colour or style because everyone can find something to treasure on our menu. And, because all it takes is one phone call to arrange, it is absolutely stress free for you. Share the gift of touch, and touch someone's heart



# How to spa

## Should I Make A Reservation For My Treatments?

Yes, and it is best to do so soon after your arrival so that we can accommodate your schedule. To make your reservation, either phone or visit the Spa.

## What If I Need To Cancel My Reservation?

We hope you do not have to cancel; however, we understand that plans can change. If you do need to cancel, please contact us at least two hours in advance. Reservations cancelled with less than two hours notice will be subject to full charge. If you simply need to change your reservation to another time, please contact us as soon as you can so that we may accommodate your request.

## What Should I Wear?

This is your time and we want you to enjoy it, so wear whatever is most comfortable for you. We will provide you with a robe and slippers when you arrive at the spa. During treatments, our therapists are trained to drape you appropriately.

## When Should I Arrive?

We suggest you arrive 15 minutes before your scheduled time. This allows sufficient time for you to check in, change and begin to enjoy your spa experience. Please understand that your treatments will end on time so as not to inconvenience the next guests

## Should Men Shave Before A Facial?

Yes, for best results we recommend that men shave a few hours before their facial.

## Can I Bring My Valuables?

We suggest that you leave all your valuables in the safe deposit box provided in your guest room. Whilst we endeavour to look after your belongings, we do not assume liability for any valuables.

## How Can I Ensure A Wonderful Spa Experience?

Communicate with us! Please feel free to discuss your requests with our Spa Director and with your therapist to identify areas of concern or focus.

## Bringing the spa to you

While we always ensure your total privacy and discretion at the spa, we understand that sometimes you just want to relax in your room. So that you don't miss out on the nurturing, we'll be happy to send one of our massage therapists to your room.

---

All treatments and services are automatically subject to a 11% Government tax and 10% service charge. Gratuity for exemplary service is discretionary.

all price are quoted in Indonesian Rupiah (IDR)



THE **SAMAYA**  
SEMINYAK-BALI

Jl. Laksmana, Seminyak Beach 80361, Bali – INDONESIA  
Ph: (62-361) 731149, Fax: (62-361) 731203  
Email: [spa@thesamayabali.com](mailto:spa@thesamayabali.com)

[www.thesamayabali.com](http://www.thesamayabali.com)

Opening Hours – 9am to 9pm